**Ms Tisa Ho**

**Executive Director of the Hong Kong Arts Festival**

Welcome to the 4th edition of “No Limits” in 2022.

The HKAF is delighted to co-present

“No Limits” once again this year

with The Hong Kong Jockey Club Charities Trust.

This year, “No Limits” again invites

differently-abled local and international artists

who have overcome their physical disadvantages

to bring wonderful and unique performances to our audiences.

Due to the pandemic, programmes are presented online,

making it possible to enjoy these wonderful works without travelling or gathering in person.

We also present

the Jockey Club “No Limits” Education and Community Programme

both in schools and online, to share the message of inclusiveness

with the young people and with audiences in different communities.

I must give special thanks to

The Hong Kong Jockey Club Charities Trust,

for inviting the Festival to co-present “No Limits”.

I am also thankful to

our Strategic Supporting Partner,

The Arts with the Disabled Association Hong Kong,

for sharing their experience

and for providing arts accessibility services.

I must also thank all the organisations, groups,

and friends of “No Limits” for their support.

I hope these programmes will offer

new insights about how the arts can impact all our lives.

**Mr Wong Chi Cho, Joe  
Permanent Secretary for Home Affairs**

Hello everyone.

I am delighted that the fourth edition of “No Limits” is officially open

“No Limits”, co-presented by the Hong Kong Arts Festival

and The Hong Kong Jockey Club Charities Trust,

aims to explore and promote inclusiveness and understanding through the arts.

In the past four years,

this programme has provided a performance platform,

allowing international and Hong Kong artists of different abilities

to showcase their talents in music, dance, theatre and other artistic fields.

Audiences will see how these artists defy boundaries

and bring inspiration and positive energy

by excelling in their respective fields.

“No Limits” not only highlights the fun of the arts both on and off stage,

but also helps promote the message of inclusiveness.

Many outstanding artists participate in the programme each year.

In addition, “No Limits” has a series of Education and Community Programme,

ranging from workshops to Artists-in-Residence Programme.

Through these artistic experiences,

the concept of inclusiveness is extended to all levels of society.

Due to the pandemic,

the programmes this year are presented online and in-venue,

so audiences can still enjoy the wonderful performances

despite not being there in person.

We would like to thank the Hong Kong Arts Festival

and The Hong Kong Jockey Club Charities Trust

for their flexibility in allowing participating artists to perform at their best

under the strict social distancing requirements.

Finally,

I would also like to express my sincere gratitude to the organisers for their efforts.

I hope this year’s “No Limits” will continue to shine,

and that both artists and audiences will have a memorable experience.

**Mr Leong Cheung**

**Executive Director, Charities and Community, The Hong Kong Jockey Club**

Hello everyone!

Welcome to the programmes of “No Limits” 2022.

Arts have no boundaries.

Everyone should have equal opportunities to create and appreciate art.

Therefore, since 2019,

the Club has co-presented the “No Limits” project with the Hong Kong Arts Festival.

The extravaganza showcases the talents of art maestros,

with different abilities from home and abroad,

and makes arts accessible for the enjoyment of all.

As in previous years, this edition offers the community varied

and enriching programmes in terms of music, dance, theatre performances and films.

The accompanying Jockey Club “No Limits” Education and Community Programme

aims to present new perspectives to audiences.

They also serve to empower arts practitioners,

boost their confidence, advance inclusive local arts,

as well as enhance mutual understanding between the public,

and artists of different abilities for a more inclusive society.

Despite the pandemic,

the spirit of “No Limits” shows

through in the flexible online arrangements for several programmes,

taking arts beyond time and boundaries,

to share unlimited positive energy.

The Club is dedicated to building a culturally vibrant city and promoting social inclusion,

through the arts and heritage conservation,

including its support for the Hong Kong Arts Festival,

for 50 consecutive years.

This reflects the Club’s strong commitment to its purpose –

the betterment of society,

which is made possible by its unique integrated business model

through which racing and wagering generate tax and charity support for the community.

In closing, I would like to thank the Hong Kong SAR Government,

the Hong Kong Arts Festival Society

and Arts with the Disabled Association Hong Kong for their support.

I wish this year’s “No Limits” resounding success,

and look forward to seeing all performers continuing to shine

and inspire us.

Thank you.

**Programme Highlights**

March to May

Inclusiveness through the Arts

Over 10 Online Programmes

Film

The Deaf Entertainers Documentary – *See What I’m Saying*

Theatre HORA – *Planet HORA*

Theatre

Leeds Playhouse in association with Ramps On The Moon – *Oliver Twist*

Music

John Vaughan & Hsu Tse-chen – *Do You See What I Hear?*

John Vaughan & Hsu Tse-chen – *Using Music to Paint a Picture*

Dance

Epic Arts – *Buffalo Boy*  
Epic Arts – *Lost for Words*

Theatre  
Ad Infinitum – *Extraordinary Wall ~~of Silence~~*

Dance  
Danskompaniet Spinn – *Miramos*

Music

Nicholas McCarthy in Concert with the Manchester Camerata

Registration for free online programmes is available now