

# SCOTTISH BALLET

## Scottish Ballet Health

March 2021

# Scottish Ballet Health

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Scottish Ballet is a world leader in developing models for health and wellbeing across the life course.

Time to Dance

Dance for Parkinson's Scotland

Elevate (MS)

STBM

Health@Hand



**EXCELLENCE**



**INCLUSION**



**INTEGRITY**

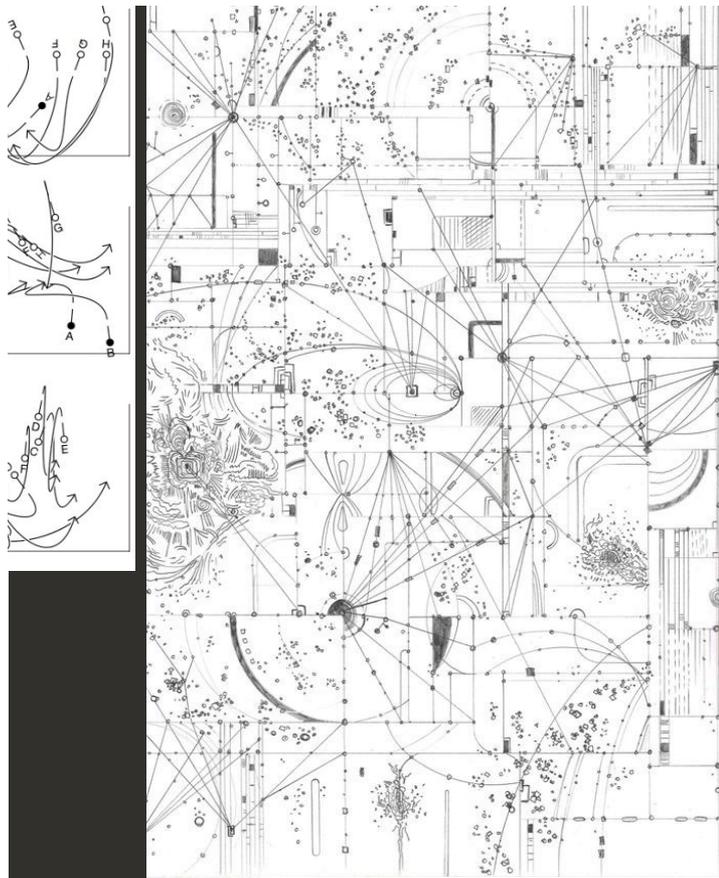


**AGILITY**

# Scottish Ballet Health

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Partnership working  
Bespoke dance content  
Live music  
Social aspect  
Research



SB Health has a Research Committee working with Health Improvement Scotland (HIS).

We have existing partnerships in place with university partners in Scotland and the US.

Key individuals with skills in: clinical research design, ethics, research funding, specialist medical knowledge, social research, academic expertise are offering time in-kind.

The Research Committee will enable SB Health to design research that strongly evidences our work to the health and social care sector.

# Research

# Thank you









# Elevate Dance for Multiple Sclerosis

