

無限亮

No LIMITS

Inclusiveness through the Arts 以藝術共融

2021 “No Limits” Playground by Ng Cheuk-yin Easy-to-Read House Programme



聯合主辦
Co-presented by



香港藝術節
Hong Kong Arts Festival



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust

香港藝術節 Hong Kong Arts Festival

感謝 would like to thank



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust
同心 同步 同進 RIDING HIGH TOGETHER

聯合呈獻 for co-presenting

「無限亮」
及 賽馬會「無限亮」教育及社區外展節目
“No Limits”
and Jockey Club “No Limits”
Education and Community Programme



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1. About “No Limits”



“No Limits” is a project co-presented by the Hong Kong Arts Festival and The Hong Kong Jockey Club Charities Trust.



Strategic Supporting Partner:

Arts with the Disabled Association
Hong Kong



Aims of “No Limits” :

To create a barrier-free environment.
To promote inclusiveness through the arts.

1. About "No Limits"

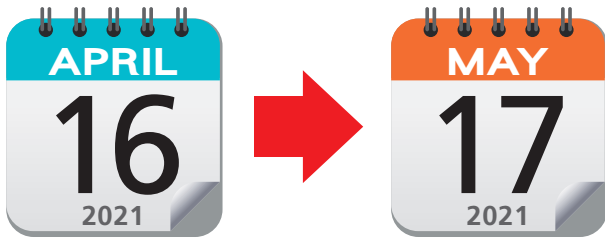


"No Limits" is first launched in 2019.
This is the third year of "No Limits".



"No Limits" programmes include:
Dance, music, theatre and documentary.

2. About “Playground”



Date:

16 April to 17 May 2021



Duration:

Approx. 1 hour

Introduction:

“Playground” is a music performance. Ng Cheuk-yin composed the music of “Playground”.

In “Playground”, there are musicians with different abilities, elders and musicians from ethnic minority groups.

“Playground” is set in Hong Kong. Hong Kong is a city with people of different backgrounds.

These people have different cultures, ideas and beliefs.

“Playground” wants to promote “Harmony in Diversity”.



2. About “Playground”



In “Playground”, musicians use Chinese, ethnic and Western instruments.

Music genre includes Chinese music, jazz music, classical music and world music.

There are 7 chapters in “Playground”:

- A Long-awaited Good Morning
- Grocery Store
- Mountain
- Ain’t No Fire Dragon in Tai Hang
- Root
- Escape
- March

3. About the musicians



Photo credit: Charlotte Lam

Ng Cheuk-yin **Composer and Music Director**

Ng Cheuk-yin gained the award of the Best Artist from the Hong Kong Arts Development Council in 2012.



Photo credit: Jino Park_MOC

Wilson Ng **Conductor**

Wilson Ng started playing the flute at 11.

He became the associate conductor of the Seoul Philharmonic Orchestra at 28.

In 2013, Wilson gave a flute recital at the 41st Hong Kong Arts Festival.

3. About the musicians



True Colors Symphony Strings Section

The True Colors Symphony is a local orchestra consisting of persons with different abilities.

The Symphony promotes inclusion by nurturing musicians with different abilities and providing them with various platforms to shine.



Patrick Lui Pak-hay Band Leader and Piano

Patrick Lui has won many awards.

He produces original music for film, television and theatre.



Jezrael Lucero Keyboard

Jezrael Lucero is a visual impaired Filipino musician. He played classical piano when he was 2. He made his first debut on TV when he was 4. He also enjoys singing, composing, playing drums and guitar.

4. About the instruments — Percussion



Marimba

Marimba is made up of wooden bars on top of metal pipes. Sound is warm.



Donkey Jawbone

Jawbone is an instrument made from the lower jawbone of a donkey, horse or zebra.

The teeth make a rattling sound when shaken.



Cuica

Cuica is a drum from Brazil.

It has a bamboo stick inside.

The Cuica makes barking sounds when you rub the stick with a piece of wet cloth.



Bongo drums

Bongo drums consist of two drums of different sizes.

They can be played between the knees.

4. About the instruments — Percussion



Bar chimes

The Bar chimes is an instrument made from hanging metal tubes.

It can be played by sweeping the hand across the small chimes.



Talking drum

Talking drum is an hour-glass shaped drum from Africa.

It mimics the tone of human speech.



Snare drum

Snare drum produces a sharp sound, and is often used in marching bands. It has metal wires attached on the lower side.



Chinese drum

Chinese drum is a large drum with the shape of a barrel.

It makes low rumbling sounds.

4. About the instruments — Percussion



Congas

Congas are drums originating from Africa.

They are very tall, up to 1 meter.

They are usually played standing on the ground.



Udu

An Udu is an instrument made from clay, shaped like a water-jar.

There are holes on top and on the side.

It can be played by hitting different areas of the Udu.



Darbuka

A Darbuka is a drum that looks like a goblet.

It is often used in Middle Eastern music.

4. About the instruments — World Music



Water Bird Whistle

Water bird whistle is a whistle filled with water.

It makes chirping sounds.



Rav Vast Drum

Handpan is a steel tongue drum and a pitched metal instrument.

Its shape is like a Chinese wok.

It can be played with bare hands.

It makes soft sounds.



Asalato

Asalato is a percussion instrument from Ghana, West Africa.

It has two empty seeds filled with grains.

The two seeds are attached by a string.



Thunder Maker

A thunder maker is a plastic tube with a metal spring inside.

It makes a sound like thunder when being shaken.

4. About the instruments — World Music



Didgeridoo

Didgeridoo is a long instrument that looks like a branch.

It makes very low pitches.

It can also imitate the cries of wild animals.



Rainstick

Rainstick is an empty bamboo tube filled with rolling pebbles.

It sounds like raindrops when tilted.



Mouth harp

Mouth harp is a simple instrument.

It is played by vibrating the metal chip near the lips.

4. About the instruments — Chinese Music



Erhu

Erhu is a bowed instrument.

It has two strings and a sound box.



Yangqin

Yangqin is a string instrument.

Its shape is like a fan.

It is played with a pair of soft bamboo hammers.



Dizi

Dizi is a wind instrument.

It is made from bamboo.

Dizi is played horizontally.

It has a clear tone.



Suona

Suona is a wind instrument.

It has a mouthpiece, a cone-like body and a metal bell.

It makes loud and high pitch sounds.

4. About the instruments — Chinese Music



Guan

Guan is a wind instrument.

It is made from wood or bamboo.

Guan is played vertically.

It has a piercing tone.



Zhongruan

Zhongruan is a plucked string instrument.

It has four strings and a round sound box.

It is usually played with picks.



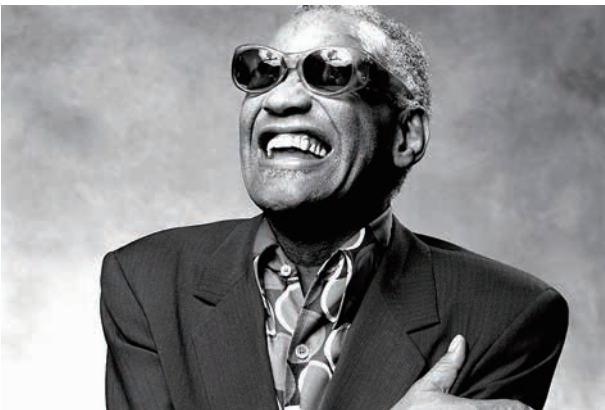
Only a portion of the instruments used in "Playground" are included within the "About the instruments" section. Strings and Jazz instruments are also used in this performance, for examples, violin, double bass, saxophone, and trumpet.

5. Pre-show Performance — Tribute to Ray Charles



Duration:

Approx. 20 minutes



Ray Charles

Ray Charles was a blind musician.

He was the father of Soul Music and the pioneer of R&B music.

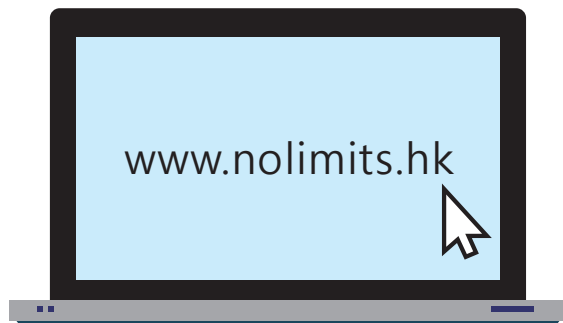
He has broken down the boundaries of different types of music.



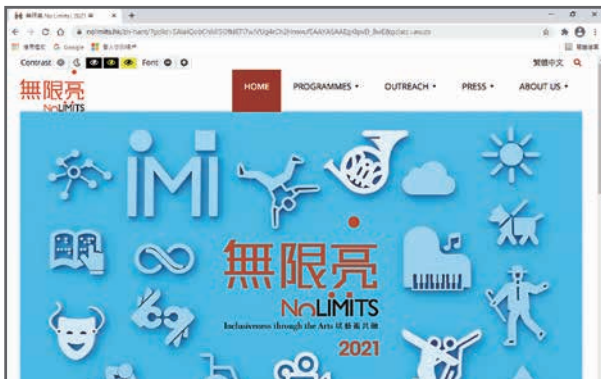
Performances include:

- Singer
- Keyboard
- Bass
- Jazz drum set

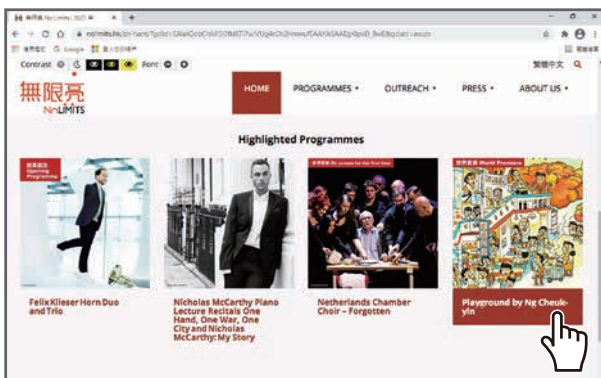
6. How to watch the performance



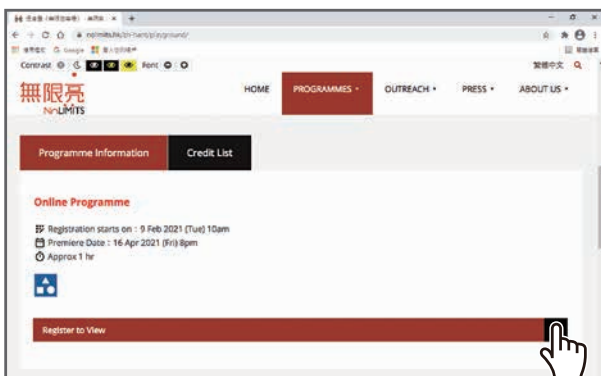
Register online for free



1. Visit website: www.nolimits.hk

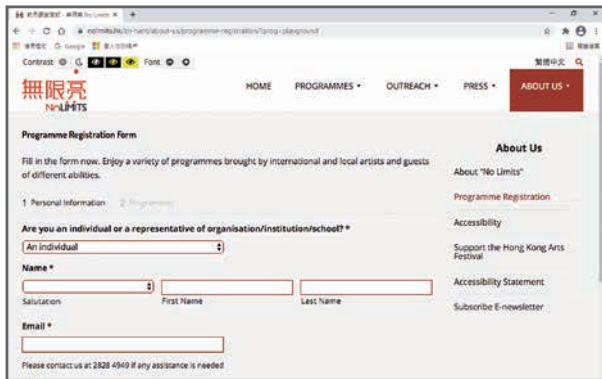


2. Select "Playground by Ng Cheuk-yin".



3. Enter the "Register to View" page.

6. How to watch the performance

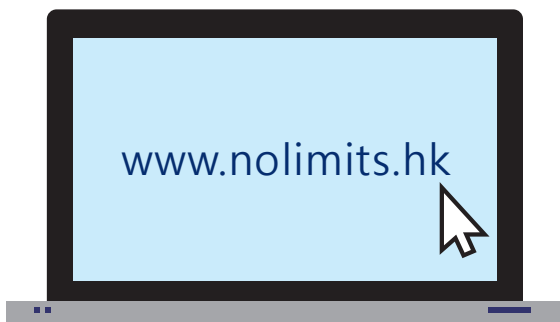


The screenshot shows the 'Programme Registration Form' on the No Limits website. The form is titled 'Programme Registration Form' and includes a sub-header 'Fill in the form now. Enjoy a variety of programmes brought by international and local artists and guests of different abilities.' The form is divided into two sections: '1 Personal Information' and '2 Programme'. The '1 Personal Information' section includes a dropdown menu for 'Are you an individual or a representative of organisation/institution/school?' with 'An individual' selected. Below this are input fields for 'Name *' (split into 'First Name' and 'Last Name'), 'Salutation', and 'Email *'. There is also a checkbox for 'Subscribe E-newsletter' and a link to 'About Us'. The '2 Programme' section is currently empty. The website header includes the 'No Limits' logo and navigation links: HOME, PROGRAMMES, OUTREACH, PRESS, and ABOUT US.

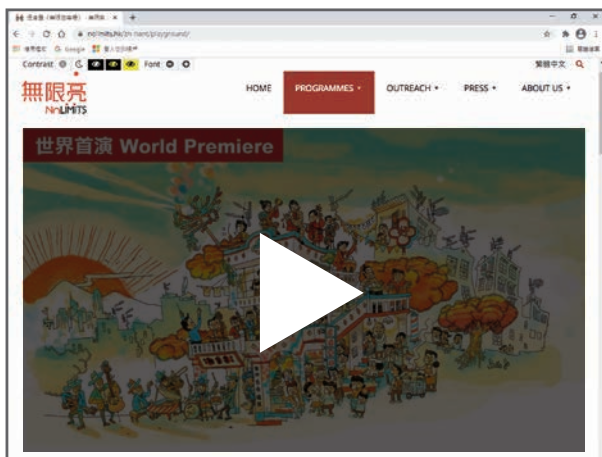
4. Fill in your personal information.



5. You will receive a confirmation email after you submitted your registration.



6. Open your email and click on the performance's link.



7. Enter the webpage of "Playground by Ng Cheuk-yin" and click on the white play button to watch the performance.

6. How to watch the performance



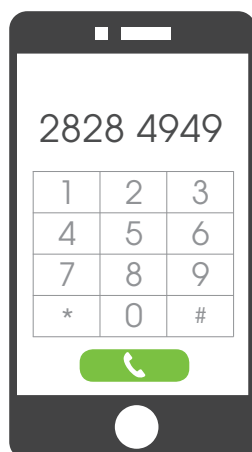
Register by phone or WhatsApp

Weekly						
SUN	MON	TUE	WED	THU	FRI	SAT
	●	●	●	●	●	
9:30 _{AM}		1:00 _{PM}				
2:00 _{PM}		6:00 _{PM}				

Office hours:

Monday to Friday

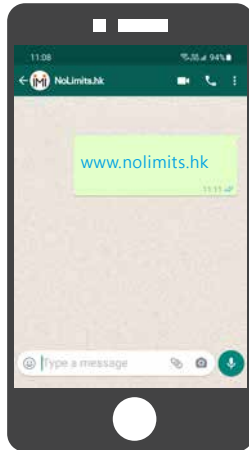
9:30am to 1:00pm,
2:00pm to 6:00pm



Call or WhatsApp:


2828 4949

6. How to watch the performance

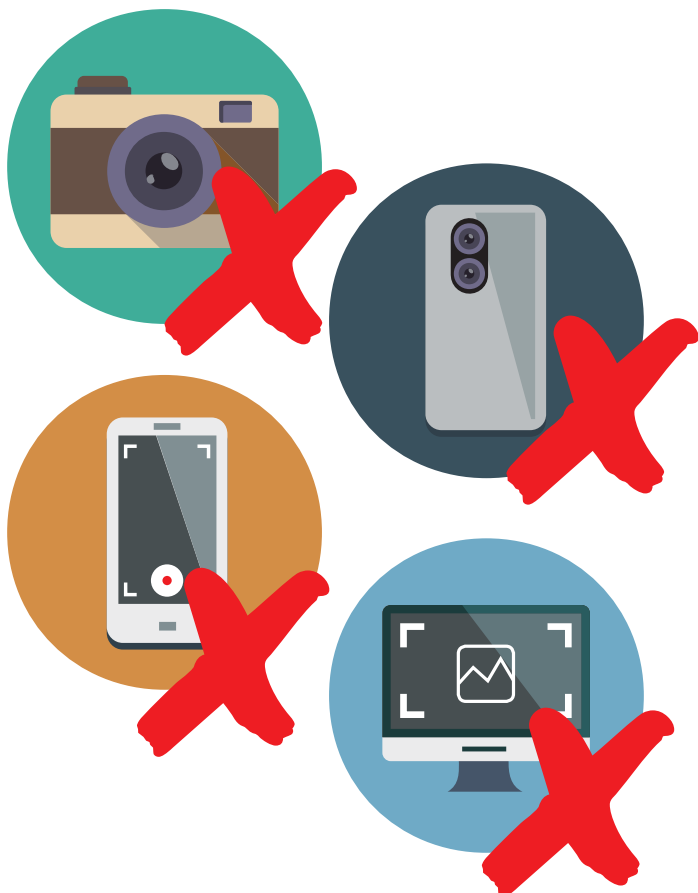


You will receive the performance's link after registration.



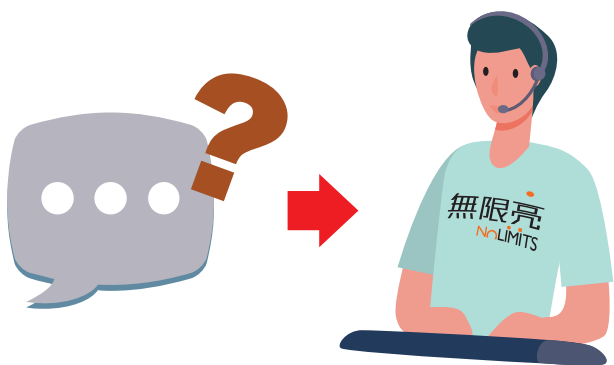
Enter the webpage of "Playground by Ng Cheuk-yin" and click on the white  to watch the performance.

7. House Rules



Do not take photos or videos of the performance with cameras, smartphones or any kind of recording devices.

8. Contact Us



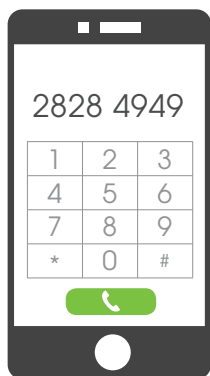
If you have any problem, please contact us.

Weekly						
SUN	MON	TUE	WED	THU	FRI	SAT
	●	●	●	●	●	
9:30AM -		1:00PM				
2:00PM -		6:00PM				

Office hours:

Monday to Friday

9:30 am to 1:00pm,
2:00pm to 6:00pm



Tel: 2828 4949



Email:

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For assistance with
Arts Accessibility Services:
2777 1771